



**Saint Gregory's**  
Osoyoos Indian Reserve, 4254 Nk'Mip Rd. Oliver BC V0H1T0

Next mass on March 15, 2020 at 1:30 pm

**6044 Spartan St (P.O. Box 130)**  
**Oliver, BC, V0H 1T0, Canada**  
**Saturday at 5:00 pm and**  
**Sunday at 9:30 am**

**OUR LADY OF LOURDES MISSION**  
1039 Willow St. at 11th Ave.  
(St. Barbara's Anglican Church)  
Okanagan Falls, BC V0H 1R0  
Sunday at 11:30 am

***Pastor: Rev. Thomas Kakkaniyil***

Email: frthomaskak@gmail.com

**Pastor's Hours are Tuesday - Friday 0815 am - 1215 pm**

**Office Hours : Wednesday and Friday from 9:30 am to 12:00 noon.**

**Secretary: Joan Marshall**

**Re Ed Coordinator:**

***Daisy Hopkins:* 250-498-5549**

**Phone:** 250-498-3934

**Emails:** parishoffice@ctkoliver.org

**PARISH ORGANIZATIONS**

**Parish Council:**

**Vickie White - 250-498-3705**

**Financial Chair:**

**Paula Martins - 250-485-7273**

**CWL:**

**Dorothy Taylor—250-498-0224**

**K of C:**

**John Nunes - 250-535-0712**

**Safe Environment:**

**Julie Van Dusen - 250-485-2006**

**POF Coordinator**

**Christine Doraty - 778-439-2162**

**WEEKEND & WEEKDAYS MASS SCHEDULE**

**Sat Mass:** 5:00 pm, at **Christ the King Parish**, in Oliver

**Sun Masses:** 9:30 am, at **Christ the King Parish**, in Oliver

11:30 am, at **Our Lady of Lourdes**, in OK Falls

1:30 pm, at **Saint Gregory's Osoyoos Indian Reserve, (Third Sunday of the month)**

**Mon - Thur:** Rosary at 8:30 am and Mass at 9:00 am

**Fri:** Exposition of the Blessed Sacrament 8:00 am and Mass at 9:00 am

**CARE FACILITIES**

**Sunnybank: *Holy Mass***

On April 8, 2020, at 3:30 pm

**McKinney: *Holy Mass***

March 18, 2020 at 3.30 pm

**Okanagan Correctional Centre:**

Every Thursday, **Mass at 1:30 pm.**

**Pilgrimage of Faith Appeal Update**

Good News! Our Pilgrimage of Faith is now at \$16,000! We are only \$4,000 short of our \$20,000 goal. Let's get this done!

Due to recent vandalism to Christ the King Parish, we are in the process of purchasing and installing more surveillance cameras for the exterior of our church. We hope to cover the cost of purchase and installation of some (not all) cameras from your donations to Pilgrimage of Faith. Please take this into consideration, if you are thinking of donating. Let's do our best to keep our beautiful church safe.

Once again a huge "Thank You" to those parishioners who have been so generous, on this parish journey.

Blessings, Christine

*Deadline for submitting Items to be included in the Bulletin is Thursday noon.  
Please email to Parish Office, not handwriting.*

**NOTE:** When requesting Mass intentions, please ensure that you are able to attend mass on the date. For *Prayers of the Faithful / Prayer List: If you would like your name or a beloved one's name (with their permission first), included on the Parish Prayers List, please call or email the Office.*

Thanks

#### **SPECIAL INTENTIONS**

Please pray for the sick and injured at home and in hospital, and for those who ask us to pray for them in silence. *Merciful Jesus, grant them a healing of mind and body, and restore their strength and spirit. Amen*

*Please pray for our beloved deceased, May they soon rejoice in heaven with God and all of the angels and saints. Amen*

*~Please inform us if you wish to remain on our prayer List ~*

#### **Life can be difficult, and so can the challenges you face in marriage.**

Does the distance between you seem wide? Are you already separated? Looking for a better way? Retrouvaille can help and offers hope for a better relationship. Retrouvaille is a Catholic peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages. Retrouvaille can help get your relationship back on track. For confidential information or to register for the Fall program beginning the weekend of **September 27 - 29, 2019**, call Marc and Candice at 604-530-6710 and leave a message or email us at [vancouverbc@retrouvaille.org](mailto:vancouverbc@retrouvaille.org). More information also available on our web-sites [www.retrouvaille.org](http://www.retrouvaille.org) and [www.retrouvaillevancouver.com](http://www.retrouvaillevancouver.com)

#### **11th Annual Soup and a Bun**

The next Soup and Bun is scheduled for **March 19, 11:30 am**

Bring a friend, sign up for making your  
Favorite soup, come and enjoy the company  
of friends and family. Mark your calendar!!

Mass on every Thursday will be at 11:00 am followed by Soup and bun.

The proceeds from the Lenten Lunches each Thursday have traditionally been dispersed in two ways. Approximately half of the money raised has been sent to Development and Peace as part of the Share Lent program. The other half has been used in the Church to help with various purchases, usually audiovisual or technology items. This year, the committee has decided to use the extra funds for purchase of one security camera for the Church. For those of us who cannot purchase one on our own, this is an easy way to contribute to acquiring one as a group. Hope to see you for lunch on Thursdays!

#### **DEVELOPMENT AND PEACE LENTEN REFLECTION:**

##### **Two thirsts meet**

Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. (John 4:6) A Samaritan woman comes to the well shortly after Jesus arrives, and he asks her for a drink. A lone woman! And a Samaritan woman! And he a Jew asking a Samaritan for help! Lo and behold, they talk, they listen to each other. In some small way, they understand each other.

In the Bible, wells are highly symbolic meeting places. One can guess that this story will end in something worth understanding. How can we continue it today? Our road to Easter crosses the Amazon. It's worth a halt. Let's take our turn to make the time for an encounter.

Before the Synod for the Amazon and the 'For our Common Home' campaign, we knew neither the name nor the existence or struggles of the Mura people of Brazil. Today we have heard about them, we even know a few names and faces like Francisco Oliverra da Silva and Greicilvani dos Santos da Silva. We know that they are the defenders of the Amazon rainforest, the protectors of the Earth. What if knowing their names and their existence changed something for them and for us? What if it gave a sacred meaning to our Share Lent?

We know that their way of life is threatened by intensive livestock farming and mining, and we know a little more about their struggle against land grabbing, deforestation and river pollution. They have become our partners. The best we have to offer them is our fraternal solidarity with their joys and their hopes, their sadness and their anguish about their future and that of their children.

It is in the Gospel that our motivations and commitment are rooted and that we discover that it is at the heart of our daily thirst, struggles and hopes that the Good News can arise.

Our parish office is updating the parish directory. Please be kind enough to give your name, address, phone number and email id, as early as possible.

## BEST EUCHARISTIC PRACTICES

Since the Code of Canon Law in 1983, Catholics may receive Holy Communion at every Mass they attend and participate in. You are permitted to receive the Body and Blood of Christ under either form (bread and wine) or both. There is still an expectation that one will receive Holy Communion in a state of grace, and that one will fast for one hour before receiving the Sacrament (not difficult to do). The ill and aged may be exempted. As we approach to receive Holy Communion we make a bow, in deference and humility, as a sign of our faith in the presence of Jesus. After hearing the words "The Body of Christ" or "The Blood of Christ" we reply with a clearly audible AMEN!

You are free to receive the Sacred Host, either on the hand or on the tongue. If receiving Communion on the hand, place one hand on the other, extending them horizontally to the priest or Eucharistic Minister. Allow the Host to be placed on the palm of your hand. With your other hand, place the Host in your mouth before walking away (Holy Communion must be received in the presence of the priest or Eucharistic minister). If you are receiving Holy Communion directly on your tongue, extend your tongue beyond your lower lip, stand still, and allow the Host to be placed on your tongue. The priest and Eucharistic Ministers will adjust to any exception or disabilities.

Receiving the Precious Blood from the chalice, again after a deferential bow, with great care take the chalice in your two hands, one at the base of the chalice and the other at the top of the chalice bowl. Take a small sip of the Eucharist and return the chalice carefully to the priest or E.M. Please allow the priest or E.M to hold the middle of the chalice (the node) so that the priest or E.M. may clean the rim of the chalice with the purificator. Please, if you are not feeling well, especially with sneezing or coughing, refrain from receiving Holy Communion from the chalice. When we return to our pews, remain standing until the last person has received Holy Communion, if possible.

### Schedule of Stations of Cross Every Friday in Lenten Season 2020 At Christ King Parish

**Mar 20**, Friday, Stations of Cross, at 7pm, by D & P

**Mar 27**, Friday, Stations of Cross, at 7pm, by Care Group

**April 3**, Friday, Stations of Cross, at 7pm, by Catechism Students

**April 10** Good Friday, Stations of Cross, at 2:30 pm by Everyone

### Holy Week

**Apr 9:** Holy Thursday:

\* The Lord's Supper at 7pm

\* Followed by the Transfer of the Most Blessed Sacrament

\* And an Adoration until midnight. Everyone is invited to spend time to pray to the Lord.

**Apr 10:** Good Friday

\* Station of Cross, at 2pm, by everyone.

\* Passion of the Lord, at 3pm.

**Apr 11:** Easter Vigil Mass, at 8pm

**Apr 12:** Easter Sunday at 9:30

### LENTEN RECONCILLATION:

**Lent is always returning to oneself and thoroughly examining. It is called a retreat to examine our past relationship with God and humans. If we find that we are sinful and need reconciliation, please attend the reconciliation service on Tuesday March 31, at 7 pm. If not possible, make use of other neighboring parishes in their given time. Let us celebrate our Easter celebration in God's grace.**

Christ the King Children's Reconciliation -  
Tuesday, March 17 at 6:00 pm

Osoyoos - Tuesday, March 24 at 3:30 pm

Keremeos - Wednesday, March 25 at 4:00 pm

Princeton - Thursday, March 26 at 4:00 pm

Oliver (CTK) - Wednesday, March 31 at 7:00 pm

Penticton School - Wednesday, April 1 at 1:00 pm

Penticton (St. Vianney) - Wednesday, April 1 at 5:15 pm

### UPCOMING EVENTS:

**March 31** - Parish Reconciliation

**April 5** - Palm Sunday

**April 9** - Holy Thursday

**April 10** - Good Friday

**April 11** - Easter Vigil at 8:30 pm

**April 12** - Easter Sunday at 9:30 am

**April 19** - Parish Confirmation - 9:30 am

**May 3** - Mass time change to 9:00 am

**May 9** - Mass at 5:00 pm (Our Lady of Lourdes)

**May 10** - Parish First Holy Communion - 9:00 am

**May 13** - Feast of Our Lady of Fatima - Mass at 6:00 pm, Rosary, Procession and Snacks

# WEEKLY MASS INTENTIONS

**FOR:**

**FROM:**

**March 14—21, 2020**

Sat	Mar 14 Mass at 5:00 pm	Alfredo Dias Relvas & Maria do Ceu Geraldес Araujo - RIP	The Relvas Family
	Mar 14 Funeral Mass 3:30 pm	for Lidia Correia	
Sun	Mar 15 Mass at 9:30 am	Anonymous - INT	The Donor
	Mar 15 Mass at 11:30	For all parishioners at Oliver, OK Falls and St Gregory	
Mon	Mar 16 Mass at 9:00 pm	Antonio Marcalino	Maria Soares
Tue	Mar 17 Mass at 9:00 am	Anonymous - INT	The Donor
Wed	Mar 18 Mass at 9:00 am	Kim MacDonald - RIP	Mike MacDonald
Thur	Mar 19 Mass at 11:00 am	Society of St. Thomas	
Fri	Mar 20 Mass at 9:00 am	Society of St. Thomas	
Sat	Mar 21 Mass at 5:00 pm	Marco & Joao Ganhao - RIP	Palmira Ganhao

## Message from Bishop Gregory Bittman

Greetings in the Lord! Amid concerns about the COVID19 virus and its continued spread, I ask that the following procedures be put into effect for the well-being of our diocesan family:

- First and foremost, if you are ill, especially if your symptoms include a fever and cough, it is strongly advised that you stay home from Mass. A televised Sunday Mass is available from Toronto at <https://dailymass.com/daily-tv-mass/>
- Hand sanitizers should be available near the entrances to the church, and all those who distribute Holy Communion should disinfect their hands before Communion
- Communion from the chalice for the congregation will be suspended
- Parishioners are invited to use another gesture besides handshaking during the Sign of Peace, such as a bow or a siple verbal exchange
- It is not recommended to “hold hands” during the Lord’s Prayer
- Please empty the Holy Water fonts in the church
- Place sign at entrances reminding those who may be sick to refrain from attending Mass
- Consider not lingering after Mass
- Cease the Procession of the Gifts. Have the gifts already at the altar
- Used Projection screens for hymns and singing rather than hymnals. Strongly consider removing the hymnals and missals from the church to prevent community spread of the virus
- The Public Health Officer suggests that people maintain a two arms/ length between one another, to reduce any potential transmission of the coronavirus.

The Diocese of Nelson continues to monitor the situation and will follow the federal and provincial health officers for their advice and guidance. Please pray for all those who have become sick from the coronavirus, those who care for them and those working to prevent the further spread of COVID-29. As our government and health authorities have emphasized, these are temporary measures, that, God willing, will only be needed for a short time. Thank you for your cooperation and for your concern for one another’s health.

## Nunes - Pottinger Funeral Service & Crematorium

**(250) 498-0167**

**info4@nunes-pottinger.com**  
**www.nunes-pottinger.com**



**JOHN  
NUNES**



**DARYN  
POTTINGER**

**RETRouvaille WEEKEND FOR MARRIED COUPLES**  
**April 17 - 19, 2020 Barnabas Landing, Keats Island**  
**Not willing to let go of your marriage? Many couples continue to struggle in a marriage, but are not willing to give up on each other. There is hope.**

Retrouvaille is a program designed to help struggling marriages regain their health. It helps husbands and wives rediscover or re-awaken the love, trust and commitment that originally brought them together. The program is highly successful in saving hurting marriages, even bringing reconciliation to couples who have already separated or divorced. Retrouvaille is a peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages.

5855 Hemlock Street

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