

March 17, 2019

CHRIST THE KING PARISH
Welcome all who are visiting with us today.

2nd Sunday of Lent



Saint Gregory's
Osoyoos Indian Reserve
In Inkameep



6044 Spartan St (P.O. Box 130)
Oliver, BC, VOH 1T0, Canada



OUR LADY OF LOURDES MISSION
1039 Willow St. at 11th Ave.
(St. Barbara's Anglican Church)
Okanagan Falls, BC V0H 1R0

Pastor: Rev. Dominique Trinh Do

Office Hours : Tuesdays and Fridays from 9:30 am to noon.

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Renew Your Faith in Christ This Lenten Season with Salt & Light.

Dear Brothers and Sisters in loving Jesus Christ,

We just began the Lenten Season. As we know Lent is a season of grace in which God calls us to come to Him and receive his grace. He loves us and He wants us to return to him through conversions. Let us continually spend 40 days in Lent to pray, fast and do almsgiving. These are three pillars to help us to live closer to God and others.

Gregory J Bittman, Bishop of Nelson sends to us the message of Lent. He invites us to return to God by changing ourselves step by step daily. Let us take time to read his message and bring it to our lives, through true actions, not empty. Let us not waste our time as we did in previous Lent. Let us make this Lent greater than any Lenten Season in the past to participate in the Holy Liturgy by attending Holy Eucharist, by attending the Stations of Cross, by receiving Sacraments, namely, the Sacrament of Reconciliation, by praying to God, fasting and doing charity to help others in need. Let us do charity to help those who are hungry both physically and spiritually. The more we give, the more we receive as Jesus said in the Gospel of Luke: "give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back" (Luke 6. 38-39) or "Give something, however small, to the one in need. For it is not small to one who has nothing. Neither is it small to God, if we have given what we could." -St. Gregory Nazianzen (Fr. Dominique). **So, what message does our Bishop send to us this Lent?**

CATHOLIC MOUNTAIN STAR
ROMAN CATHOLIC DIOCESE OF NELSON

"Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?" (Isaiah 58.6-7).

My Dear Brothers and Sisters in Christ, Lent, which means "forty days," is related to the celebration of Easter. It is the time before Easter customarily marked by prayer, penance, especially by observing fasting and abstinence, and works of piety or charity. Historically, the actual number of days evolved over time to where we understand it today.

Traditionally, Lent begins on Ash Wednesday and ends at sundown on Holy Thursday. In Canada, Ash Wednesday and Good Friday are days of fasting and abstinence from meat. While we seem to put fasting and abstinence together, it is good to note that they are two different things. Fasting means to impose limits on the kind or quantity of food or drink we consume. Typically, fasting allows for one full meal a day, and two smaller meals. Abstinence means to refrain from certain kinds of food or drink. The law of abstinence binds those who are 14 years or age and older. The law of fasting binds those from 18 to 59 years of age. Fridays throughout the year, but especially during Lent, are days of abstinence from meat, but Catholics may substitute special acts of charity or piety on this day instead. If one's health, including mental health or work make it inadvisable to fast or abstain from meat, then these persons are not obligated to do so. For most of us, Lent is a time to give something up, usually something we like or enjoy. While we are welcome to do this, and in some cases, it might even be a good idea, I like to think of Lent from a different angle. For me, Lent is a time for change. Not any change though, but an opportunity to make a change for the better. I believe this approach puts a positive spin on Lent. If we're going to make a change for the better though, the desire for change needs to come from within us, from our heart. "It is the movement of a 'contrite heart,' drawn and moved by grace to respond to the merciful love of God who loved us first. (CCC, #1428) That's imperative when it comes to perseverance and resolve. And like all things, it is better to make this change willingly than by force. (Continue...).

PARISH NEWS

(Continue...) This brings us to another significant point. Although “what” we change can be important, our focus should also be on the “duration” of the change. Not short term changes, which can sometimes be easier, but lifelong changes, even if they are difficult. This is the type of change we should desire and aim for. That’s because all those lifelong changes, whether big or small, contribute to the process that we call conversion: to fully embrace and live the Gospel. **To become more like Christ. “Jesus calls to conversion.** This call is an essential part of the proclamation of the kingdom: **‘The time is fulfilled, and the kingdom of God is at hand; repent, and believe in the gospel.’**” (CCC, #1427) Every year the invitation goes out: “It’s time for a change.” The Lenten season is God’s gift to us to make that change for the better happen. + **Gregory J Bittman, Bishop of Nelson.**



Chrism Mass

Monday April 15th @7:00 pm

Cathedral of Mary Immaculate
813 Ward Street, Nelson, BC

Everyone is WELCOME!!

Dear Fathers and Sisters,

I am writing you today to invite you and your parishioners to the annual Chrism Mass at 7:00 pm on Monday April 15th 2019 at the Cathedral. Please include in your parish bulletin and announcements, a notice about this date, letting your parishioners know that they are welcome to this diocesan celebration.

Priests arriving early are welcome to coffee and snacks in the Rectory. Prior to the Mass, all priests and religious of the diocese are invited to a social get-together beginning at 4:15 pm at the Catholic Centre in St. Joseph School. Dinner will follow at 5:00 pm, organized by parishioners of the Cathedral parish. We also invite all couples celebrating special wedding anniversaries (i.e. 25, 30, 35, 40, 45, 50 years and longer) to join us for this dinner. Please help us to identify these special couples and whether they are able to join us. In order to determine how many to expect for dinner, please return the form at the bottom of this page (fax or email) directly to the Cathedral parish. **The caterers would appreciate numbers by April 8, 2019.**

Please bring to the Chrism Mass, your cleaned containers for oil (with box in which they were packed) which you received last year. There will be refreshments for all, following Mass in the Catholic Centre where you will pick up your refilled oil containers to take back to your parishes. We look forward to having another great diocesan celebration!

Sincerely in Christ,
Bishop Gregory Bittman
and Very Rev. Neil Lustado

Please R.S.V.P. directly to the Cathedral parish

Parish _____ Priest _____ attending Y / N

Guests' Names _____

Guests' Names (with wedding anniversary date if applicable) _____

_____ Total number for dinner _____

Thank you for replying by Monday April 8th 2019

WEEKLY MASS INTENTIONS

Fr. Dominique takes every Monday off in Lenten Season.

Sat	Mar 16	Mass at 5:00 pm	Carmen Calado	RIP	Augusta Calado
Sun	Mar 17	Mass at 9:30 am	Frank Steger	RIP	Doreen Steger
Mon	Mar 18	Mass at 9:00 am	No Mass		
Tue	Mar 19	Mass at 9:00 am	Joe Barata	RIP	No name
Wed	Mar 20	Mass at 9:00 am	Aurora Gordo	RIP	Sara & Nuno Gordo
Thu	Mar 21	Mass at 9:00 am	Maria & Peter	RIP	Rose West
Fri	Mar 22	Mass at 9:00 am	Maria & Santo	RIP	Rose West
Sat	Mar 23	Mass at 5:00 pm	Carmen Calado	RIP	Rose West

**Deadline for submitting Items to be included in the Bulletin is Thursday noon.
Please email to Parish Office, not handwriting.**

Catholic Youth Group Day Trip May 11, 2019

We invite you (young people) to join us for a day of activities in the South Okanagan with other youth and their leaders and drivers. We will start the day at the Gleaners in Oliver preparing food that will be shipped to Third World Countries. Address & directions -507 No. 3 Road Oliver 2 km south of Oliver on Hwy 97, turn right onto Road # 3 and watch for signs on the left) A short video about what The Gleaners do. <https://www.youtube.com/watch?v=hlN8ItFKtgA>.

Then we will have lunch (bring your own food/ lunch) followed by a hike (wearing good shoes and bring your own water) with Mass at the top, celebrated by Bishop Gregory Bittman.

If you & your group are interested in joining us, please contact Fr. Dominique or the Penticton Catholic Youth Group by phone at 250-809-1114 (Fatima) or 250-492-3169 (Parish Office) or by e-mail at sa.si.parishes@gmail.com for a more detailed itinerary.

Upcoming Events—Announcements

1. Please sign up for the 10th Annual Soup and Bun, Lenten Luncheon Feast in welcome area.

Every Thursday, in Lenten Season, we has a **Mass at 11am**, followed by Soup and Bun. Everyone is invited to attend Mass and have a lunch together.

Mass at OCC, at 1:30pm

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2. **Mar 22, Friday, at 6pm, “Talk– Theme: “Forgiveness” by Cardinal Tagle, followed by break time with tea, coffee and cookies...so great, and at 7pm, Stations of Cross, by K of C. Please come to join with us.**

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3. **UPDATED LENTEN PENANCE CEELBRATION Tuesday, March 26, at 6:30pm, at Christ the King Parish.**

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4. The annual Chrism Mass at 7:00 pm on Monday April 15th 2019 at the Cathedral

5. **When do we decorate in Lenten Season?**

According to the Liturgy’s Guideline of the Roman Missal, renewed by Decree of the Most Holy Second Ecumenical Council of Vatican, Promulgated by authority of Pope Paul VI and revised at the Direction of Pope John Paul II, approved for use in the Dioceses of Canada by the Canadian Conference of Catholic Bishops and confirmed by the Apostolic See, 2011, for the decorations of Lent:

*** Fourth Sunday of Lent (RM p229), guiding: “In this Mass, the color violet or rose is used. Instrumental music is permitted and the altar may be decorated with flowers.”**

*** Fifth Sunday of Lent (RM p239), guiding: “In the Diocese of Canada, the practice of covering crosses and images throughout the Church from this Sunday amy be observed. Crosses remain covered until the end of the celebration of the Lord’s Passion on Good Friday, but images remains covered until the beginning of the Easter Vigil.”**

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Need your help?

Consuelo M is looking for rent a room in a house or family able to help someone in need.

Tell: 250-498-6768

Please call her mornings or evenings.

Schedule of Stations of Cross Every Friday & Holy Week, in Lenten Season 2019. At Christ King Parish
Mar 29, Friday, Stations of Cross, at 7pm, by Care Group
Apr 05, Friday, Stations of Cross, at 7pm, **by D & P**

Apr 12, Friday, Stations of Cross, at 7pm, **by Prayer Group**

Collection at Christ the King Parish
Mar 10: \$ 1,388.56

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Enter Vocation?

Vocation Live-In – Seminary of Christ the King: On the weekend of **April 5 - 7**, there will be a Vocation Live-In for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. For more information call 604-826-8715.

SPECIAL INTENTIONS

Prayers of the Faithful / Prayer List: If you would like your name or a beloved one’s name (with their permission first), included on the Parish Prayers List, please call the Office or email. Thanks

Please pray for the sick and injured at home and in hospital, especially, Joan McGuinness, Patricia McCulloch; Rosa Santos; Joe & Tina Simoes; Theodore Dirks; Jeannette Marie Knudsen; Glenn Nielsen; Dorald Petrin; Ralph Riley; Pauline Cawier, Joan Halrick, Joan Alaric, Norman Gludovatz, Mary, Lukas Flucht, Fr. Jim Ratcliffe, Brandin Albert, Nancy Tomkins...
.....**and for those who ask us to pray for them in silent...
*Merciful Jesus, grant them a healing of mind and body, and restore their strength and spirit. Amen***

Please pray for the deceased of our beloved ones

Especially Catherine Cam, Jim Pacheco, Harold William Doll, Ann Albert, Carmen Calado, Robert Desbois, Len Demos .
May they soon rejoice in heaven with God and all of the angels and saints.

~Please inform us if you wish to remain on our Prayer List ~

"We should all exercise our gift to build our community" Jean Vanier.

D&P's News

Share the journey with members of the Umuechem community in Nigeria

In 1990, a peaceful community in the south of Nigeria became the victim of what has been recognized as the first crime committed by an oil company. Traumatized by a massacre of unparalleled violence, a large majority of the members of this community fled to neighbouring communities, never to return home again. To make sure that their story is never forgotten and to combat impunity, Development and Peace's partner Social Action is supporting the Umuechem community in their legal action against the oil company.

Discover the story of people forced to flee their homes and ways for each one of us to act in solidarity with them: devp.org/lent.

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WEEKEND & WEEKDAYS MASS SCHEDULE

Sat Mass: 5:00 pm, at **Christ the King Parish**, in Oliver
Sun Masses: 9:30 am, at **Christ the King Parish**, in Oliver
11:30 am, at **Our Lady of Lourdes**, in OK Falls
1:30 pm, at **Saint Gregory's** Osoyoos Indian Reserve, in Inkameep (**Third Sunday of the month**)
Mon to Thu: Rosary at 8:30 am and Mass at 9:00 am
Fri: Exposition of the Blessed Sacrament 8:00 am and Mass at 9:00 am

CARE FACILITIES

Sunnybank: *The Liturgy of the Word*
2nd Wed of Month at **3:00 pm**
McKinney: *The Liturgy of the Word*
3rd Wed of Month at **3:30pm**
Okanagan Correctional Centre:
Every Thursday, **Mass at 1:30 pm.**
Every Thursdays of the month,

SACRAMENTAL LIFE

Marriage: Contact Christ the King Parish's Office at least six months prior to your date for preparation, instruction, and rehearsal.

Anointing of the Sick: If you have a Catholic patient, at home or in hospital, please inform the Pastor immediately.
Phone: 250-498-3934; 250-498-3079; ctkpastor2273@gmail.com

Reconciliation: Saturday: 4:15pm - 4:45pm.
Other days by appointment.

Baptism: Contact Christ the King Parish's Office at least two months before your date for baptismal preparation class and rehearsal.

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DARYN POTTINGER
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Parish Registration

**New Parishioner:
Current Parishioner:
Information Change?**



First Name
Last Name.....
Mid Name.....
Address.....
.....
Postal Code:.....
Telephone #.....
E-Mail:

Church Envelopes

Would you like to pick a box of envelopes next week from the welcome area or Parish's office? Yes No

Please help us update our Parish records by cutting out and by completing this form beside and then place it in the collection basket or return to our Parish office.

Would you like to receive Parish's bulletin through your via E-mail each week?

Yes No