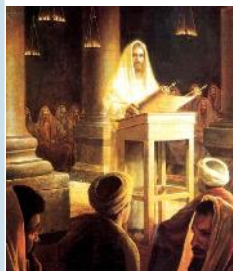


Welcome all who are visiting with us today.

How many languages can you speak?



“If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth” (1 Cor12. 1-4).



Saint Gregory's
Osoyoos Indian Reserve
In Inkameep



6044 Spartan St (P.O. Box 130)
Oliver, BC, V0H 1T0, Canada



OUR LADY OF LOURDES MISSION
1039 Willow St. at 11th Ave.
(St. Barbara's Anglican Church)
Okanagan Falls, BC V0H 1R0

Pastor: Rev. Dominique Trinh Do

Office Hours : Tuesdays and Fridays from 9:30 am to noon.

Secretary: Ameer M. Pajares

Phone: 250-498-3934;

Web: ctkoliver.org

Fax: 250-498-3939

Email: parishoffice@ctkoliver.org;

Rel Ed Coordinator: Daisy Hopkins: 250-498-5549

Rectory: 250-498-3079

ctkpastor2273@gmail.com

**How many times can we receive “THE HOLY EUCHARIST” per day?
What requirements do we need to do before we receive Holy Communion?**

We can receive twice “Holy Communion on the same day (Include these references from the Church’s Code of Canon Law N.B. #917 ~PTJ).

Can. 916: A person who is conscious of grave sin is not to celebrate Mass or receive the Body of the Lord without previous sacramental confession unless there is a grave reason and there is no opportunity to confess; in this case the person is to remember the obligation to make an act of perfect contrition which includes the resolution of confession as soon as possible.

Can. 917: A person who has already received the Most Holy Eucharist can receive it a second time on the same day only within another Mass in which the person participates.

Can. 919: §1. A person who is to receive the Most Holy Eucharist is to abstain for **at least one hour before Holy Communion from any food and drink, except for only water and medicine.** (Continue next page)

WEEKEND & WEEKDAYS MASS SCHEDULE

Sat Mass: 5:00 pm, at Christ the King Parish, in Oliver
Sun Masses: 9:30 am, at Christ the King Parish, in Oliver
11:30 am, at Our Lady of Lourdes, in OK Falls
1:30 pm, at Saint Gregory's Osoyoos Indian Reserve, in Inkameep (Third Sunday of the month)
Mon to Thu: Rosary at 8:30 am and Mass at 9:00 am

CARE FACILITIES

Sunnybank: The Liturgy of the Word
2nd Wed of Month at 3:00 pm
McKinney: The Liturgy of the Word
3rd Wed of Month at 3:30pm
Okanagan Correctional Centre:
Every Thursday, Mass at 1:30 pm.

SACRAMENTAL LIFE

Marriage: Contact Christ the King Parish’s Office at least six months prior to your date for preparation, instruction, and rehearsal.

Anointing of the Sick: If you have a Catholic patient, at home or in hospital, please inform the Pastor immediately.

Reconciliation: Saturday: 4:15pm - 4:45pm.
Other days by appointment.

Baptism: Contact Christ the King Parish’s Office at least two months before your date for baptismal preparation class and rehearsal.

PARISH NEWS

(Continue...) §3. The elderly, the infirm, and those who care for them can receive the Most Holy Eucharist even if they have eaten something within the preceding hour.

Can. 920: §1. After being initiated into the Most Holy Eucharist, each of the faithful is obliged to receive Holy Communion at least once a year.

§2. This precept must be fulfilled during the Easter season unless it is fulfilled for a just cause at another time during the year.

Can. 921 §1. The Christian faithful who are in danger of death from any cause are to be nourished by holy communion in the form of Viaticum.

§2. Even if they have been nourished by holy communion on the same day, however, those in danger of death are strongly urged to receive communion again.

§3. While the danger of death lasts, it is recommended that holy communion be administered often, but on separate days.

Can. 922: Holy Viaticum for the sick is not to be delayed too long; those who have the care of souls are to be zealous and vigilant that the sick are nourished by Viaticum while fully conscious.

What do we need to know about Sunday Mass and Holy Days of Obligation?

Why do we need to attend Sunday Mass?

"The Sunday celebration of the Lord's Day and his Eucharist is at the heart of the Church's life. "Sunday is the day on which the paschal mystery is celebrated in light of the apostolic tradition and is to be observed as the foremost holy day of obligation in the universal Church." (CCC#2177a)

What are other holy days of obligation requiring us as believers to attend?

"Also to be observed are the day of the Nativity of Our Lord Jesus Christ, the Epiphany, the Ascension of Christ, the feast of the Body and Blood of Christi, the feast of Mary the Mother of God, her Immaculate Conception, her Assumption, the feast of Saint Joseph, the feast of the Apostles Saints Peter and Paul, and the feast of All Saints" (CCC#2177b).

Announcements

"A request for the parishioner who had been given Collection envelope#12 to please see or call the office secretary at your earliest convenience."

WORLD DAY OF THE SICK—FEBRUARY 11, 2019

We will have a Mass & Anointing of the Sick at Christ the King Parish, at 9am. So, everyone is invited to come, attend, and receive God's healing. Please bring cookies or cakes and we have coffee together after Mass.

WEEKLY MASS INTENTIONS

Sat	Feb 02	Mass at 5:00 pm	Frank Schmidle	RIP	Maria Cancela
Sun	Feb 03	Mass at 9:30 am	Catherine Cam	RIP	Amee M. Pajares
Mon	Feb 04	Mass at 9:00 am	Terry Gallicano	RIP	Lynda Gallicano
Tue	Feb 05	Mass at 9:00 am	Maria Soarse	Int	Maria
Wed	Feb 06	Mass at 9:00 am	Manuel Torres	RIP	Alzira Torres
Thu	Feb 07	Mass at 9:00 am	Maria Soarse & family	Int	Maria Soarse
Fri	Feb 08	Mass at 9:00 am	Anthony Gilbert	RIP	Gianna Bottoni
Sat	Feb 09	Mass at 5:00 pm	Anna Marie Basso	RIP	Maria Cancela

**Deadline for submitting Items to be included in the Bulletin is Thursday noon.
Please email to Parish Office, not handwriting.**



It is estimated that 700,000 pilgrims attended the [#WYDVigil](#) on Saturday night. World Youth Day (WYD) is a celebration organized by the Catholic Church and it unites young people (ages 16 to 35) and church leaders from more than 150 countries. Many youth and young adults from the United States have participated in each international World Youth Day. The United States anticipates 10,000 participants will come to Panama in January 2019.

Collection at Christ the King Parish

Jan 27, 2019: \$1,084.50

D&P's News:

Did you know that in 2001, following the invasions of Iraq and Afghanistan, Development and Peace – Caritas Canada expanded its program to the Middle East. The participation of the most marginalized people, including women, was encouraged. In Afghanistan, the main objective of our program is to support citizen participation in the development of this fledgling democracy, improve the living conditions of women, and promote peace at all levels of society. To learn more about Development and Peace's work and to become a member or donor, visit devp.org.

Planning to get married?

A Marriage Preparation workshop will be held at the rectory at St John Vianney (361 Wade Ave. W., Penticton) on Saturday, February 23rd from 9am until 3pm. Please contact Lynn and Peter d'Aoust by phone at 250-460-0378 or by email at 8peterdaoust@gmail.com.

UPCOMING EVENTS

- Feb 06 K of C's meeting at 7pm.
- Feb 07 Mass at O.C.C, at 1:30pm.
CWL's Meeting, at 7pm.

- Feb 11 Monday, World Day of the Sick,
Mass at 9am.**
- Feb 17 Mass at St. Gregory Mission, at 1:30pm
- Mar 06 Ash Wednesday, at 7pm**

WORLD DAY OF THE SICK

Monday, **February 11th** (*Feast of Our Lady of Lourdes*), has been designated as **World Day of the Sick!** To commemorate this day, we will be having a **Mass & Anointing of the Sick** in St. John Vianney Church at 10:30am. Bishop Gregory Bittman. Everyone is invited, especially the sick, the shut-ins and the homebound.

We ask our parishioners to bring some sweets! Soup and bun, coffee and tea will be provided!

SPECIAL INTENTIONS

Please pray for the sick and injured at home and in hospital, especially Patricia McCulloch; Rosa Santos; Lorraine Harrison; Joe & Tina Simoes; Theodore Dirks; Jeannette Marie Knudsen; Glenn Nielsen; Dorald Petrin; Ralph Riley; Pauline Cawier, Joan Aleric, Joan Halrick, Irene Vreeken, Joan Alaric, Norman Gludovatz, Rosa Jesus, Mary, Lukas Flucht, Carmen Colado, Fr. Jim Ratcliffe... *Merciful Jesus, grant them a healing of mind and body, and restore their strength and spirit. Amen*

Please pray for the dead, our beloved ones, Especially Catherine Cam, Jim Pacheco... *May they soon rejoice in heaven with God and all of the angels and saints.*
~Please inform us if you wish to remain on our Prayer List~

RETROUVAILLE VANCOUVER SPRING PROGRAM

Is Your Marriage in Crisis? – Repair your marriage, rediscover romance and gain the tools you need for healthy, loving communication! Retrouvaille is a Catholic peer ministry which offers a three-phase program for married couples with difficulties of all kinds, including years of misery, infidelity, separation, or even divorce. It is not too late! For confidential information or to register for the program beginning the weekend of April 5 - 7, 2019, call Marc and Candice at 604-530-6710 and leave a message or email us at vancouverbc@retrouvaille.org. More information also available on our websites www.retrouvaille.org and www.retrouvaillevancouver.com

*Jesus said to the twelve,
 “Whoever wants to be first must be last of all and servant of all.” (Mark 9. 37)*

PARISH COUNCIL MEMBERS

Louise Reville	Chair of PPC	250-938-2509	Lorette Gludovatz—Pastoral Assistant	250-498-3266
Daisy Hopkins	Re. Ed. Coordinator	250-498-5549	John Nunes	K of C 250-498-4030
Gary Stevens	Maintenance Chair	250-498-4505	Lori Martine	CWL 250-498-6971
Amee M. Pajares	Secretary	250-498-3934	Vicky White	Liturgical Chair 250-809-1310
Dale Dodge	D&P	250-498-4014	Fr. Dominique—Pastor	250-498-3934 / 250-498-3079

LITURGY COMMITTEE

Vicky White	Liturgical Chair	250-809-1310
Tony Avilla:	Sacristan	250-498-0873
Lorette Gludovatz:	Coordinator at O.C.C	250-498-3266
Daisy Hopkins:	Coordinator of Altar Servers	250-498-5549
Mary Lou	Coordinator of Care Group	250-498-2275
Claire	Decorating/ Flowers	250-498-0039
Linda-Roger Lebert:	Co-coordinators of Lectors	250-498-4196
Linda Nunes	Coordinator of Music	250-535-0487
Fr. Dominique	Pastor	250-498-3934/ 250-498-3079

PARISH COUNCIL MEMBERS At Our Lady of Lourdes in OK Falls

Fenanda Ladeira – Chair of PPC
 Lorraine Harrison – Chair of Finance Committee
 Collette Canning – Chair of Liturgy Committee



EASTSIDE REFLEXOLOGY CLINIC
 Connie Mythen, RCRT
 P. 2504084134 E. erclinic@telus.net
www.eastsidereflexology.ca
Health and well-being ... naturally.



**Larry & Claire
 Schwartzenberger**
 250-485-8958

greenteahawaii@telus.net
www.greenteahawaii.ca

Drink a little tea, boost your energy!



Quinta Ferreira
 Estate Winery
www.quintaferreira.com
 Join us:
 6094 Black Sage Road, Oliver BC
 Hours: 10am-6pm daily
 250 498 4756

Nunes - Pottinger
 Funeral Service & Crematorium




(250) 498-0167
info4@nunes-pottinger.com
www.nunes-pottinger.com
 5855 Hemlock Street PO Box 788, OLIVER, BC V0H 1T0

Parish Registration

**New Parishioner:
 Current Parishioner:
 Information Change?**

First Name
 Last Name.....
 Mid Name.....
 Address.....

 Postal Code:.....
 Telephone #.....
 E-Mail:

Church Envelopes

Would you like to pick a box of envelopes next week from the welcome area or Parish's office? Yes No

Please help us update our Parish records by cutting out and by completing this form beside and then place it in the collection basket or return to our Parish office.

Would you like to receive Parish's bulletin through your via E-mail each week?

Yes No